

MSSC Alliance

"The Morning Cup"

9-9-10

Good Morning---today would be a great day to call or email your reservation to Trish

Youngman, tyoungman@cox.net

<<mailto:tyoungman@cox.net>> , or 737-9574 for our

upcoming meeting. In fact, it's almost your last day--

you have until Noon tomorrow to let her know. You are welcome to invite a friend,

and we'd love to see lots of Alliance members turn out for our first meeting. Don't

worry about the parking; it's very easy with a covered garage in the same building.

The address is 515 S Main. Here's the scoop one last time:



Alliance News

Reserve your lunch date with the Alliance for our **first general meeting on Monday, September 13th** beginning at 12 Noon at Wichita 's Convention & Visitors Bureau GoWichita office (515 S Main Street, downtown). Cost is \$16, and parking is free in the Go Wichita building. Bring a friend and plan to be a tourist in your own town guided by our speakers John Rolfe, President of the WCVB and **Suzie Ahlstrand, Alliance member** and VP of our Chamber of Commerce. We will be treated to great home cooking by Truffles, featuring Chicken and Rice casserole, veggies, fruit salad, rolls and butter, brownie and cookie bites, and iced tea or water. Following lunch and our program (which will all take place in the GoWichita conference room), we are invited to stay for an insider's tour of the magnificent WaterWalk loft condominiums which will begin at 2:00 pm, just a short walk from the meeting in the same building (this is optional, stay as late as you are able).

Bring a few extra dollars to kick off our year of giving to the **Kansas Children's Service League** and their work with families to prevent child abuse. \$1 per ticket or \$5 for 6 tickets enters you into our "Opportunity Drawing" for a special gift donated by an Alliance member. All the money from the drawing will go to the KCSL.

Let us know if you plan to attend ASAP. **For this week**, please **RSVP to Trish Youngman** (316) 737-9574 or email tyoungman@cox.net. We would like to have your RSVP by this **Friday Sept 10th at Noon** in order to meet our catering deadline. If you have already RSVP'd we are looking forward to seeing you for a great time!

While you're downtown and if you have a little "tourist time", stop in to see the beautiful restoration of the **old Carnegie building** that housed Wichita's public

library for many years. It is located just a few blocks north on Main Street between William and English. It has become a branch office of Fidelity Bank. In June, the Kansas Preservation Alliance awarded Fidelity Bank its 2010 Award for Excellence. Two paintings by Bryan Haynes were commissioned to create a sense of history and legacy for Wichita. "Ride of the Four Horsemen" and "Treaty of the Little Arkansas 1865" show scenes that were turning points in Wichita's history. You are welcome to stroll in and look around, and maybe for many of you, it will bring back good memories of your trips to the library.

I always try to report at least twice on a new item, so here are several from last week:

A new volunteer opportunity has been presented to us by Anne Nelson, Program Director of **Project Access**. She is looking for office help during the week for several hours at a time. Here is her request:

Project Access is managed by the Central Plains Regional Health Care Foundation, a nonprofit affiliate of the MSSC. Project Access is working at a very high capacity. Referrals to the program have increased dramatically since October 2008 and they remain very high. This is attributed to the changed economy and numerous layoffs in the community. Since September 1, 1999, the program has enrolled more than 9,700 people and coordinated more than \$102 million in care donated by hundreds of participating physicians, eight hospitals and many other providers. Project Access is physician leadership and compassion in action!

Project Access has **two current volunteer needs** with which Alliance members may be able to help. Each patient is called just after enrollment and at the end of enrollment and is asked a series of health-related questions (using a standardized health survey instrument). Pre and post scores are then compared to assess improved health status being reported by patients. A volunteer in the office a few hours a week to make those calls and record patient responses would be of great value to the program.

Project Access is also implementing strategies to go paperless, including a significant patient record scanning project. Staff is scanning records and then shredding the paper documents. A volunteer coming in a few hours a week to continue the scanning project would allow staff to spend more time with patients and address increased telephone call demand.

Ideally, the program staff would appreciate a volunteer commitment of several hours

per week during regular office hours (Monday through Friday, 8:30 AM to 5:00 PM) and at least a six-month commitment. If you're interested in helping with either of these important projects, please call Tricia Petz at Project Access, 688-0600. Thank you!

You've received your 2010-2011 **Yearbook** in the mail. We know there are errors (it's inevitable!) so please help us make additions or corrections by letting me know via email. Thank you to those that have already responded. In a few weeks, I will update everyone with those corrections in this newsletter.

The **Alliance website** is getting a fresh new home page and update. Please take a look at www.mssca.com <<http://www.mssca.com/>> and see the great work of our Webmaster, Trish Youngman. She is still tweaking it here and there, but please visit the site and enjoy. In order to read monthly Advocates and Morning Cups online, you will need our password (it remains the same). Just email Trish at the website and she'll help you right away.

We're online now as "Team Alliance, a community organization" for the **Komen Race for the Cure** coming up on Saturday, September 25th. Please visit the website, www.komenmidks.org <<http://www.komenmidks.org/>> and click on "Race for the Cure" and "Join an Existing Team." Come out with your spouse, friend, child--all are welcome to register with Team Alliance. We'll have a place to gather and I hope to distribute something to wear that will identify you as a Team Alliance group member. Online registration deadline is Sept 23 but I think you may register even on the day of the race. You can also sign up by calling 683-8510.

Mark your calendar for **Tuesday, Oct 5 and the first MSSC General Membership Meeting**. It will take place at the Marriott Hotel, 9100 Corporate Drive from 6-8pm, with a social hour, dinner, and a program. The cost is \$22 per person. More information to follow next week. Encourage your spouse to become more active with the Medical Society and attend together. One of the best "perks" is getting a chance to say hello to friends old and new--don't miss the social hour!

Member News

Olive Bloom was the featured patient in an article in the Health Matters magazine, August/September 2010. It described Olive's need for a rehabilitative hospital after a fall that required knee surgery. You may read the entire article at

<http://healthmattersmag.com> and see a nice photo of Olive. We're glad to hear of your recovery, Olive, and hope things are going well.

Twila Flowers, Pamela Toon, Kelley O'Hara, Janane Zayat and I are all working together to plan a great gathering for our **Tuesday, November 9th meeting at the Linkhaus eatery (5-9pm)**. It will be open to all Alliance and Medical Society members and their guests. We are collaborating with Diana Schunn, Executive Director of the Child Advocacy Center and Mike Ramsey, General Manager of the Linkhaus (and PA to Dr. Robert Eyster, and brother of Dr. Katherine Melhorn). The great thing is that the all the donations will go directly to the CAC, which coordinates the care of children and families that have experienced abuse and trauma. A special thanks to these Alliance members for their outstanding volunteer efforts.

Lisa Vayda sent this note of interest: "Here is information regarding an awesome event that will be fun for the whole family! Thanks" **Peace Festival**, Celebrating the International Day of Peace, Tuesday Sept 21st 6 pm - 11:30 pm at Poetic Justice Cafe, 300 S. Greenwich. There will be music, poetry reading, food, art, and family activities. At 7:30 pm we will be making a huge human peace sign.

The Last Drop

We are grateful to the **Bradley Fair Shopping Center** for renewing their advertisement in our monthly *Alliance Advocate*. As an added perk to them, I will also feature special events or promotions here in The Morning Cup. A new event called **Autumn & Art at Bradley Fair** is coming up soon on Sept 17, 18 & 19. Click on this link, <http://autumnandart.com> <<http://autumnandart.com/>> for more information. It looks like it will be a wonderful event.

The **KU Live & Learn Lecture Series** has been announced for the coming year. It can be found in the most recent August MSSC News that was emailed to you, and last week I attached it to this newsletter. Several of our Alliance spouses are featured speakers so please take advantage of this free series at the medical school.

Have a great week--and see you on Monday! Anna Uhlig, President, MSSC Alliance, anuhlig@gmail.com