

MSSC Alliance

"The Morning Cup"

8-26-10



I know it's not official yet on the calendar, but it feels like the end of summer as school begins and August wears itself out. Haven't the last several cooler days been glorious? The end of August has also made me aware that three months have passed since our fiscal year began in June. One quarter of the year is complete--more like a "blink of the eye" it seems!

Looking back on the newsletters, I'd summarize as follows: we conducted a membership drive resulting in our current 224 members, which includes 18 new and 17 returning members; we completed the programming for the General Meetings Sept 2010-May 2011 with a great variety of interesting speakers and tours planned; the annual Yearbook and September edition of the monthly *Advocate* were successfully published; and the weekly e-newsletter "The Morning Cup" began with the goal of keeping members informed and providing a means of networking to strengthen our bond as medical families. Through the newsletter various current and historical items were shared about the workings of the Alliance including news from the AMA Alliance and our own Past Presidents' Comments; and news on a personal note was exchanged among members including birth announcements, condolences, relocations, charitable work and community events.

Alliance News

Our first General Meeting of the year will be on Monday, September 13th from Noon-2pm. Your Yearbook booklet should arrive this week detailing the event. It will be downtown at the Go Wichita office at 515 S. Main Street, with plenty of parking in the same building. The cost will be \$16 for lunch catered by Truffles. You are welcome to bring a friend, and if you can only stay for one hour, that's okay. There's no cost if you do not eat lunch. The program will start at approximately 1pm. You may RSVP directly to Robin Morris by clicking: Alliance Sept Meeting Reservation <<mailto:rhmorris@cox.net>> . Let's have a great turnout! (PS If you're a parent of younger children and would like to share a babysitter, please let me know. I currently have one mom interested.)

Our first working meeting of the Obesity action group will take place this coming Tuesday, August 31st at Noon. The location is Il Primo Espresso Caffe at the corner of Central and Woodlawn. You are welcome to join us for lunch and discussion. Diana Guthrie, RN, PhD, and Jeannine Cobb, MD, will both be there and are both experts in this field. Others planning to attend are Danah Salem, Lisa Vayda, and Anna Uhlig. Please join us, we'd love to have you.

We're online now as "Team Alliance, a community organization" for the Komen Race for the Cure coming up on Saturday, September 25th. Please visit the website, www.komenmidks.org <<http://www.komenmidks.org>> and click on "Race for the Cure." Come out with your spouse, friend, child--all are welcome to register with Team Alliance. We'll have a place to gather and I hope to distribute something to wear (bright green bandanas?) that will identify you as a Team Alliance group member. Online registration deadline is Sept 15th. You can also sign up by calling 683-8510.

Here's a listing again of our Committee Chairs and areas in which you may become involved.

Standing Committees

AMA Foundation, philanthropy for programs in public health and medical education, our project is the Holiday Sharing Card: Melissa Grelinger

Bylaws, local chapter: Pamela Ammar

Editorial, monthly *Alliance Advocate*, published September through May: Zahra Ehtisham

Finance, annual budget preparation: Julie Lievens

Health Promotion, general category for overseeing all local health-related projects: Carol Dykstra

We have four areas of involvement currently, two as chaired positions; Environmental Concerns, working with members and various community groups cleaning Gypsum Creek: Kelley O'Hara; and No Bullies-No Victims, school-age children presentation: Michelle Grindel. Other areas are Childhood Obesity and Domestic Violence.

Legislation, both local and state issues: Dot Meyer

Mailing, includes annual Yearbook, Holiday Sharing Card, and monthly newsletters: Stephanie Lear

Membership, outreach to prospective members and renewals: Jan Wilson

Planning and Development: Carolyn Harrison

Procedure Books, officers and chairs: Fawn McDonough

Reservations and Social, monthly meetings September through May: Robin Morris and Trish Youngman

Yearbook, annual publication of membership book: Lisa Vayda

Special and Liaison Committees

Audit, annual review of finances: Mary Jones

Young Families, friendship and play group: Amy Hearn

KaMPAC: Kay Brada

Meals on Wheels: Doris Uhlig
Medical Service Bureau: Mary Patton
MSSC Medical Careers Loan Fund: Nadia Pappademos, Chandi Bongers
Project Access: Betsy Bloxham
SedgPAK: Dot Meyer
Team Alliance, Komen walk/run and other events

Member News

We express our sympathy to the family of Dr. Frank Brosius, a retired cardiologist, on his passing August 15th. His spouse Betty, sister Mary Ellen Barrier, and one of their daughters, Katherine Whepley and husband Brian, all reside in Wichita.

Nancy Fleming and Carolyn Harrison have books to recommend to you this week. Would you like to share a favorite or two? Just email me. Nancy's pick: Same Kind of Different As Me by Ron Hall and Denver Moore. A remarkable true story of friendship and unconditional love.

Carolyn's picks: The Help by Kathryn Stockett (about black women who took care of families in the south. very good story about women and their strengths, courage and wit!)

The Immortal Life of Henrietta Lacks by Rebecca Skloot (regarding an African Am. woman in the 1950's whose cells (called HeLa cells) were removed from her cervix (cancerous) and have been used for much research around the world. The physician did not get her permission. The woman's family was never compensated, and many family members do not have health care. Very interesting book on the NY Times bestseller list.)

Ann Rempel wrote with a little more information about parliamentarians in this area: KSAP will sponsor a public seminar at the Haysville Public Library on Saturday, September 18. The cost is only \$25 and includes handouts and lunch. The information provided in the seminar will be useful for members participating in any kind of meeting that uses *Robert's Rules of Order*.

The National Association of Parliamentarians has one unit in Wichita and its next meeting is scheduled for Tuesday, September 16, at 7:30 p.m. Anyone with questions about the seminar and/or unit meetings is welcome to contact Ann.

The Last Drop

Book Reception Friday, August 27 (Final Friday arts event) at Wichita City Arts, 334 N Mead, 6 until 9pm. Remarks from Dr. Lorraine Madway, Curator of Special Collections, and Professor Craig Owens, Jazz Studies; both of Wichita State University. Live Jazz by Jerry Hahn, Phil Murray and Mickey Sheaks. No cover charge. The book is Wichita Jazz and Vice Between the World Wars by Joshua

Yearout. Josh Yearout was an archivist in Special Collections, Wichita State University Library. For his master's degree in Public History (cum laude 2005) he wrote a study on pre-World War II Wichita jazz. On July 7, 2009, at the age of 33, Josh passed away from cancer, leaving a wife and daughter.

Profits from this limited press run are going to his family. The book is a 96-page, perfect bound paperback with illustrations. Readers will be impressed with Josh's research hours and writing style—and the antics of Wichitans in the Jazz Age. **Books will be sold at the reception for \$10.00.**

Step by Step Walk this Saturday, Sept 28th

Families Together, an organization that works to improve the lives of families who have children with special needs, will have its third annual Step by Step Walk on Saturday at Sedgwick County Park. Registration will begin at 9 a.m. at the Sunrise Boundless Playscape. The walk will begin at 10 and is open to friends and families who support the organization's mission. The walk will also be the debut of "Art From the Heart," a ceramic mural painted by children with disabilities.

FREE Baby Your Baby Health Fair!

Saturday, August 28, 2010 9:00 AM - 4:00 PM

Learn about pregnancy and parenting, health and community services, and much more at Wesley's Baby Your Baby Health Fair, Saturday, Aug. 28, from 9 a.m. to 4 p.m. at Health Strategies, on Hillside just across from Wesley.

**Have a great week! Anna Uhlig, President, MSSC Alliance,
anuhlig@gmail.com**